

INTERIM MRR POLICY and PROCEDURE

Policy:

According to the State Operations Manual (F428, F329), medication regimen reviews (MRR) will be conducted for new residents including residents who are “anticipated to stay for less than 30 days” and for current residents who experience an “acute change of condition as identified by facility staff”. Re-admit reviews will be determined on a case by case basis.

Procedure:

- All new residents will be considered for an MRR upon admission.
- The facility management, medical director and consultant pharmacist has developed the following criteria for determining a resident who may experience an acute change of condition, as identified by facility staff, as any resident who has experienced signs and symptoms of one or more of the following conditions that may be associated with medications **:
 - Anorexia and/or unplanned weight loss or gain
 - Behavioral changes
 - Unexplained bleeding or bruising
 - Bowel dysfunction including diarrhea, constipation or impaction
 - Dehydration or fluid/electrolyte imbalance
 - Depression, mood disorder
 - Dysphagia
 - Falls, dizziness or impaired coordination
 - Gastrointestinal bleeding
 - Headaches, muscle pain or non-specific pain
 - Mental status changes (confusion, cognitive decline, delirium, dementia decline)
 - Rash, pruritus
 - Respiratory difficulty or change
 - Increased sedation, insomnia or sleep disturbance
 - Seizure activity
 - Urinary retention or incontinence
 - Other

** Investigative Protocol 483.25 (l)(1) Unnecessary Drugs

- The MRR request form should be completed by the appropriate facility staff member and faxed to the designated fax number on the request form, once the attending physician has approved the complete list of medication orders.
- The MRR will be completed by a consultant pharmacist and faxed or emailed to the facility within 72 hours, or sooner if requested and noted "URGENT" on the request form, and placed in the chart for review by the DON or designee. The DON will forward to the physician the MRR findings that require their response; others can be responded to by the DON or designee.
- The MRR and response should be placed in the resident chart under "consults" for the consultant pharmacist to review on the next consult visit.